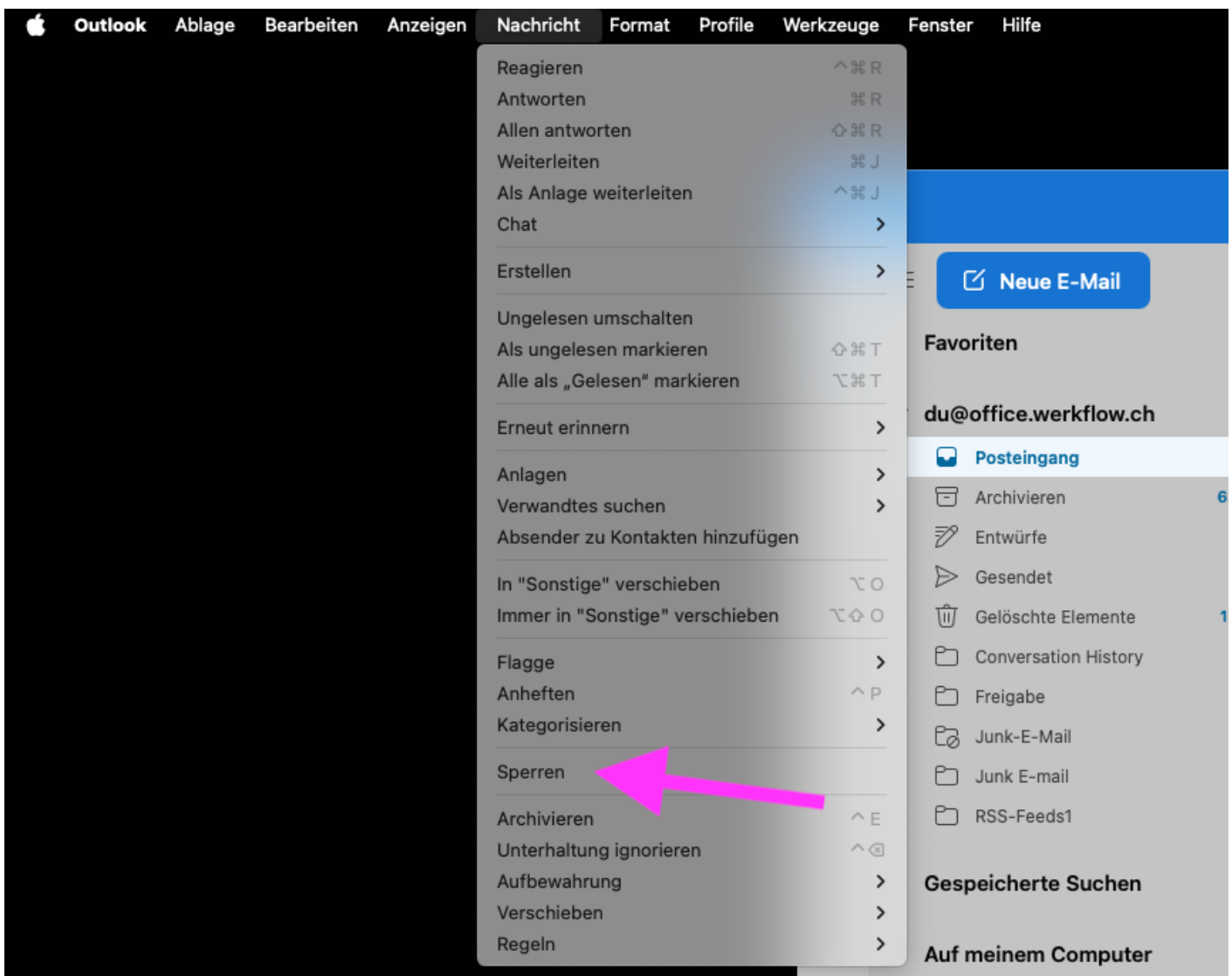


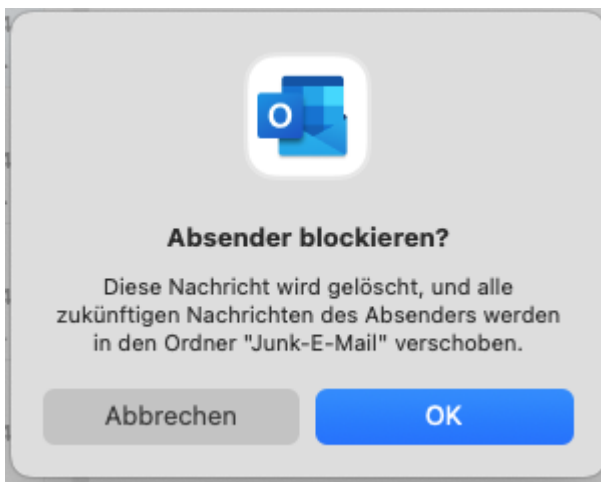
# Kontakte blockieren (Outlook, Apple Mail)

## Outlook

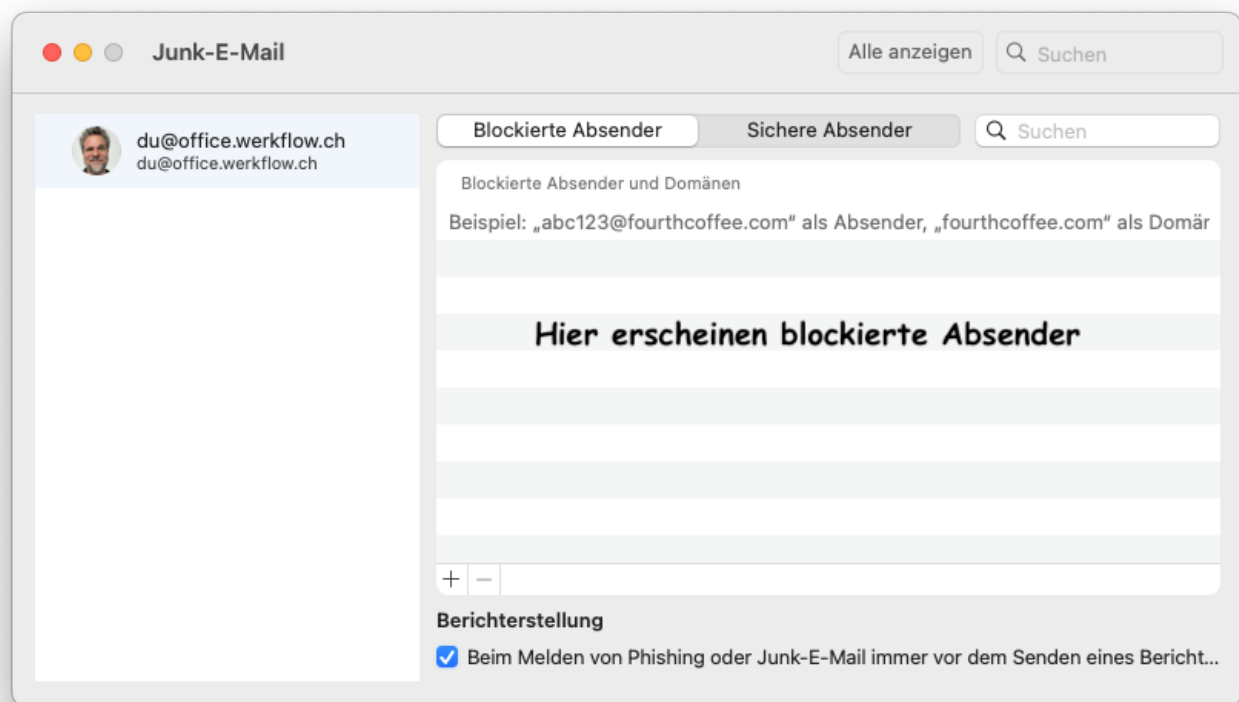
Mail auswählen und im Menü **Nachricht** > **Sperren**



Aktion mit **OK** bestätigen

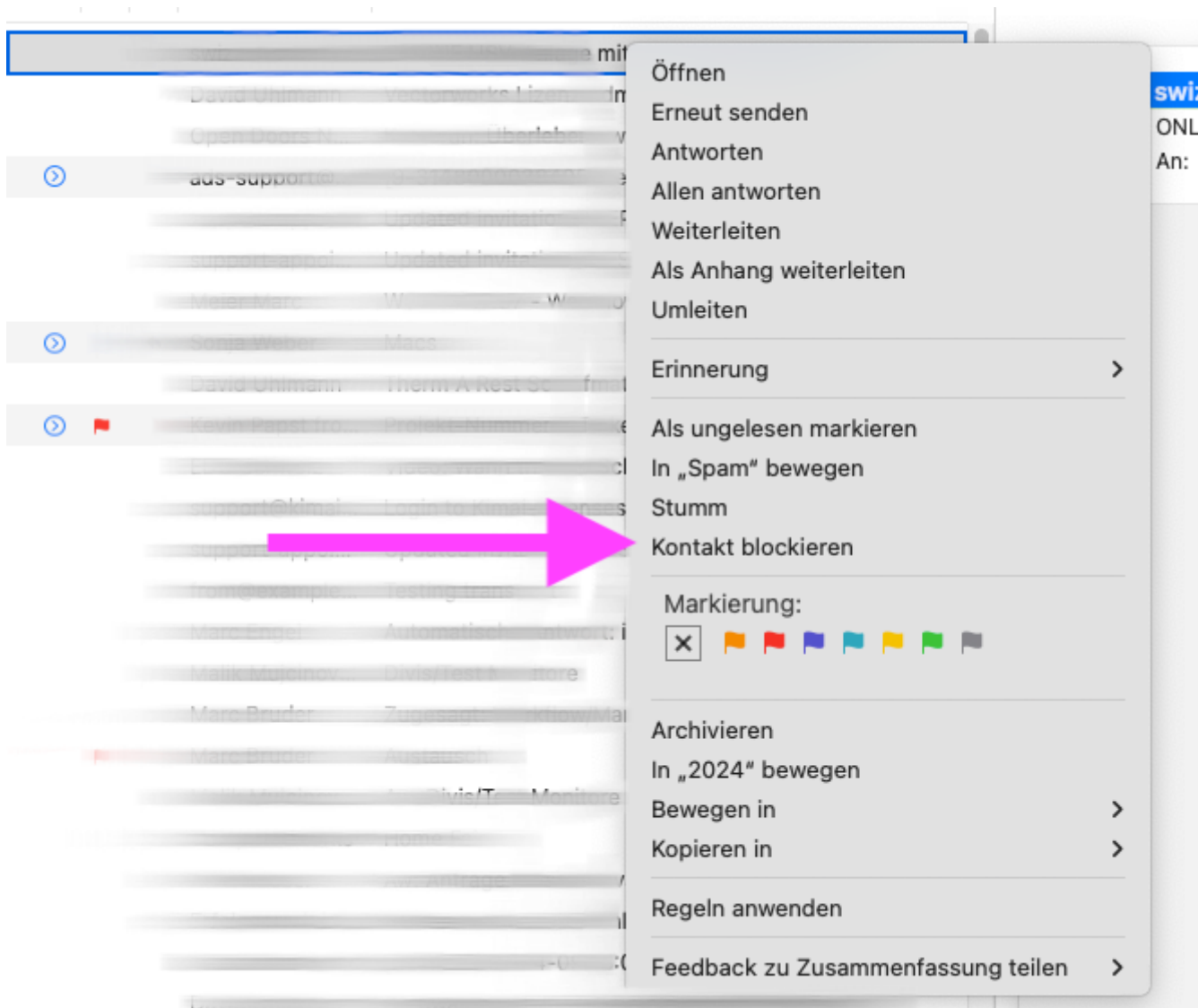


Blacklist editieren: **Outlook** > **Einstellungen** > **Junk-E-Mail**

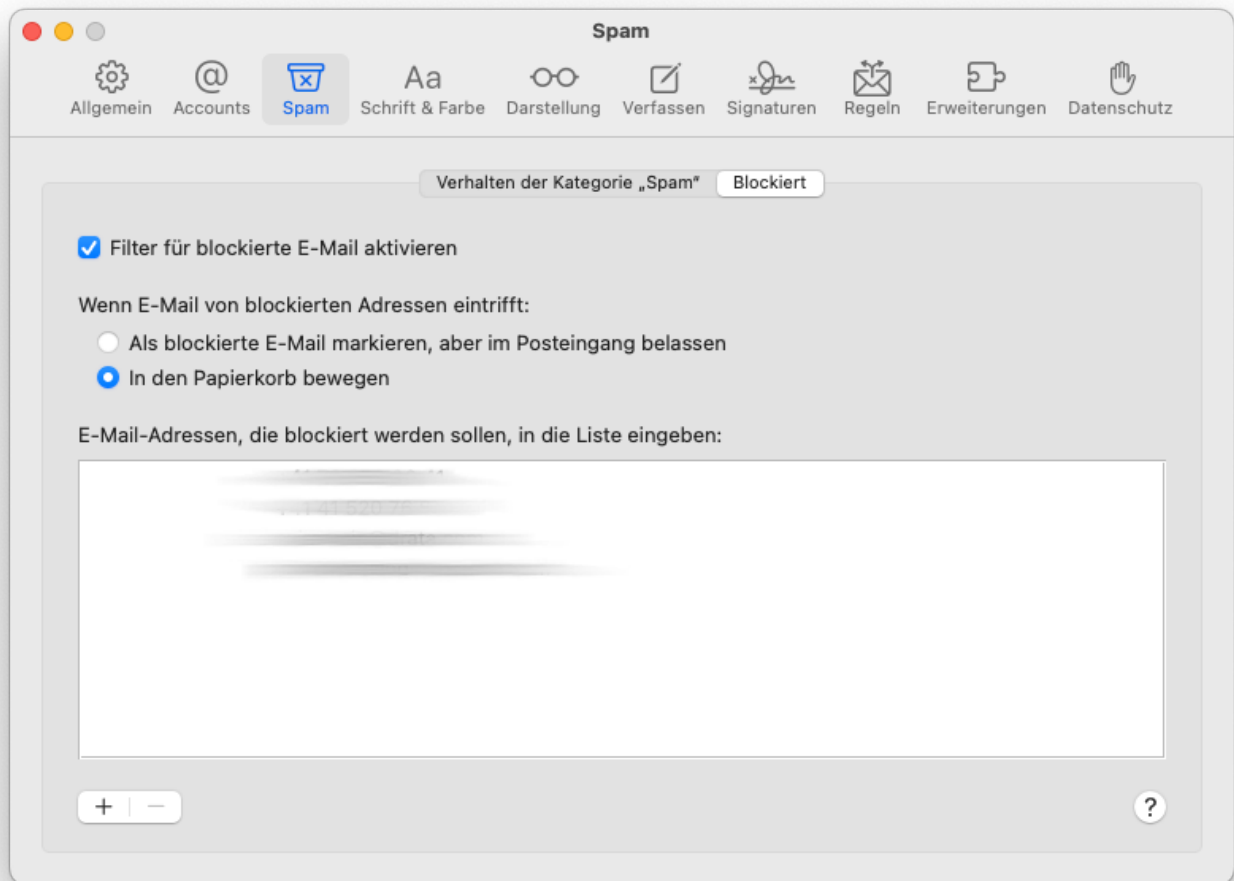


## Apple Mail

Mail markieren > Rechtsklick > **Kontakt blockieren**



Blacklist editieren: **Mail > Einstellungen > Spam**



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